



ingridscience workshop COVID-19 operating plan

I follow BC Provincial Health guidelines for 'Extracurricular activities outside-of-cohort interactions' (Ref. 1, p.12) , 'Field trips' (Ref.2, p.28), 'Outdoor programs' (Ref.2, p.32) and STEM programs (Ref.2, p.35).

The day of the workshop

- I perform a health check. If I have any symptoms of COVID-19, or any other respiratory illness, I will cancel the workshop, have a COVID-19 test, and proceed as advised by Provincial Health. Ref.1, p.23. Ref.2, p.19.

During the workshop

- I do not enter a school (unless in an emergency).
- I meet workshop attendees outside (effective exposure control measure), either on the school grounds or at a nearby park or beach. Ref.1, p.5 and Ref.2, p.28 ('Field Trips').
- I always maintain a 2 metre distance from students, teachers and school staff (recommended school-based personal control measure.) Ref.1, pp.5 and 10.
- I wear a mask (secondary precaution on top of physical distancing.) Ref.1, pp.5 and 19.
- I sanitize my hands before, after, and frequently during the workshop. Ref.1, pp.5 and 17.
- Workshops using only materials of the natural world are preferred. If I do bring additional materials for workshop attendees to use, I sanitize my hands then put on gloves before handling them. Ref.1, p.5.

Workshops using my materials

- I wash my hands, then put on gloves and a mask before packing materials for a workshop. Ref.2, p.35.
- Materials are disinfected with 0.5% hydrogen peroxide (Ref.2, p.33 and Ref. 3) before packing. Smaller materials are individually packaged in a clean baggie for each workshop attendee.
- Materials are packed 5 days or more before a workshop, to allow for decay of any remaining surface contamination. (Refs. 4 and 5.)

References

1. http://www.bccdc.ca/Health-Info-Site/Documents/COVID_public_guidance/Guidance-k-12-schools.pdf
2. <https://www2.gov.bc.ca/assets/gov/education/administration/kindergarten-to-grade-12/safe-caring-orderly/k-12-covid-19-health-safety-guidelines.pdf>
3. http://www.bccdc.ca/Health-Info-Site/Documents/CleaningDisinfecting_PublicSettings.pdf
4. <https://www.nih.gov/news-events/news-releases/new-coronavirus-stable-hours-surfaces>
5. <https://health.clevelandclinic.org/how-long-will-coronavirus-survive-on-surfaces/>